




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit [www.cfablue.com](http://www.cfablue.com) or call 877-889-2478. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary](http://www.healthcare.gov/sbc-glossary) or call 877-889-2478 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	<b>\$2,000</b> individual / <b>\$4,000</b> family for in-network providers Pre-certification penalties and balance-billed charges don't count toward the deductible.	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. In-network <a href="#">preventive care</a> is covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="#">deductibles</a> for specific services?	No.	You don't have to meet <a href="#">deductibles</a> for specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	<b>\$6,000</b> individual / <b>\$12,000</b> family for in-network providers	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	Pre-certification penalties, premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="http://www.cfablue.com">www.cfablue.com</a> or call 1-877-889-2478 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you visit a health care provider's office or clinic</b>	Primary care visit to treat an injury or illness	20% coinsurance*	Not covered	—————none—————
	<a href="#">Specialist</a> visit	20% coinsurance*	Not covered	Acupuncture not covered.
	<a href="#">Preventive care/screening/immunization</a>	No charge; Deductible does not apply	Not covered	You may have to pay for services that aren't preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for.
<b>If you have a test</b>	<a href="#">Diagnostic test</a> (x-ray, blood work)	20% coinsurance*	Not covered	—————none—————
	Imaging (CT/PET scans, MRIs)	20% coinsurance*	Not covered	—————none—————
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.epiphanyrx.com">www.epiphanyrx.com</a> .	Generic drugs	\$10/prescription* (retail) \$25/prescription* (mail order)	Applicable copayment, plus charges in excess of the allowed amount	Covers up to a 31-day supply (retail prescription); 90-day supply (mail order prescription).
	Preferred brand name drugs	\$30/prescription* (retail) \$75/prescription* (mail order)	Applicable copayment, plus charges in excess of the allowed amount	<a href="#">Deductible</a> applies to all but preventive care drugs.
	Non-preferred brand name drugs	\$50/prescription* (retail) \$125/prescription* (mail order)	Applicable copayment, plus charges in excess of the allowed amount	When received at an in-network pharmacy, no charge for over-the-counter drugs related to preventive care, or FDA-approved generic and over-the-counter contraceptive methods for women (prescription required).
	<a href="#">Specialty drugs</a>	Not covered	Not covered	—————none—————

For more information about limitations and exceptions, see plan or policy document at [www.cfablue.com](http://www.cfablue.com) or call 877-889-2478

\* After [deductible](#)

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	20% coinsurance*	Not covered	Pre-certification required in order to avoid the \$250 penalty.
	Physician/surgeon fees	20% coinsurance*	Not covered	_____none_____
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	20% coinsurance*	20% coinsurance*	In-network deductible applies to out-of-network emergency room care.
	<a href="#">Emergency medical transportation</a>	20% coinsurance*	20% coinsurance*	In-network deductible applies to out-of-network ambulance. Pre-certification required for non-emergency use of water ambulance in order to avoid the \$250 penalty.
	<a href="#">Urgent care</a>	20% coinsurance*	Not covered	_____none_____
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	20% coinsurance*	Not covered	Pre-certification required. Failure to pre-certify will reduce covered charges by \$250. Failure to request extension of original certification will result in denial of benefits for the remainder of the hospital stay.
	Physician/surgeon fees	20% coinsurance*	Not covered	_____none_____
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient services	20% coinsurance*	Not covered	_____none_____
	Inpatient services	20% coinsurance*	Not covered	Pre-certification required in order to avoid the \$250 penalty.

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\* After [deductible](#)

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you are pregnant</b>	Office visits	20% coinsurance*	Not covered	<a href="#">Cost sharing</a> does not apply for <a href="#">preventive services</a> . Depending on the type of service, a <a href="#">coinsurance</a> or <a href="#">deductible</a> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	20% coinsurance*	Not covered	—————none—————
	Childbirth/delivery facility services	20% coinsurance*	Not covered	Pre-certification required in order to avoid the \$250 penalty.
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	20% coinsurance*	Not covered	Maximum 60 visits/year.
	<a href="#">Rehabilitation services</a>	20% coinsurance*	Not covered	Maximum 30 visits/year for occupational, physical, speech therapies Pulmonary Rehabilitation and Respiratory Therapy. Maximum 36 visits/lifetime for cardiac rehabilitation. Maximum 60 days/year for inpatient facility. Pre-certification required for inpatient in order to avoid the \$250 penalty.
	<a href="#">Habilitation services</a>	20% coinsurance*	Not covered	Pre-certification required in order to avoid the \$250 penalty.
	<a href="#">Skilled nursing care</a>	20% coinsurance*	Not covered	Maximum 60 days/year. Pre-certification required in order to avoid the \$250 penalty.

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\* After [deductible](#)

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you need help recovering or have other special health needs</b>	<a href="#">Durable medical equipment</a>	20% coinsurance*	Not covered	Pre-certification required in excess of \$1,500 in order to avoid the \$250 penalty.
	<a href="#">Hospice services</a>	20% coinsurance*	Not covered	Maximum 180 days/lifetime for inpatient and outpatient combined. Maximum 10 visits/lifetime for bereavement counseling and 10 visits/lifetime for family counseling. Pre-certification required for inpatient in order to avoid the \$250 penalty.
<b>If your child needs dental or eye care</b>	Children's eye exam	Not covered	Not covered	Not covered under the medical plan.
	Children's glasses	Not covered	Not covered	Not covered under the medical plan.
	Children's dental check-up	Not covered	Not covered	Not covered under the medical plan.

#### Excluded Services & Other Covered Services:

**Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)**

- Acupuncture
- Cosmetic surgery, unless restoring bodily function or correcting deformity resulting from non-cosmetic surgery, accidental injury, or congenital defect
- Dental care (adult & child), unless due to accidental injury
- Glasses (adult & child), unless due to accidental injury or intraocular surgery
- Long-term care
- Non-emergency care when traveling outside the U.S., if purpose of travel is to receive care
- Private-duty nursing
- Routine eye care (adult & child)
- Routine foot care
- Weight loss programs, except as covered under the Affordable Care Act

**Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)**

- Bariatric surgery, for morbid obesity (maximum 1 surgery/lifetime)
- Chiropractic care (maximum 30 visits/year)
- Infertility treatment (maximum \$75,000/lifetime for medical and \$25,000/lifetime for prescription drugs)
- Hearing aids (maximum 1 device/ear every 36 months)

For more information about limitations and exceptions, see plan or policy document at [www.cfablue.com](http://www.cfablue.com) or call 877-889-2478

\* After [deductible](#)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318- 2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Additionally, a consumer assistance program can help you file your appeal. Contact Maryland Office of the Attorney General, Health Education and Advocacy Unit, 200 St. Paul Place, 16th Floor, Baltimore, MD 21202, 877-261-8807, [www.oag.state.md.us/Consumer.HEAU.htm](http://www.oag.state.md.us/Consumer.HEAU.htm). A list of states with Consumer Assistance Programs is available at: [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform) and <http://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/>.

**Does this plan provide Minimum Essential Coverage? Yes**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

**Does this plan meet the Minimum Value Standards? Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

**Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al **877-889-2478**.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa **877-889-2478**.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 **877-889-2478**.

Pennsylvania Dutch (Deutsch): Fer Hilf griegie in Deutsch, ruf **877-889-2478** uff.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni **877-889-2478**.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye **877-889-2478**.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, â'gang **877-889-2478**.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' **877-889-2478**.

*To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.*

For more information about limitations and exceptions, see plan or policy document at [www.cfablue.com](http://www.cfablue.com) or call 877-889-2478

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## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$2,000
■ <a href="#">Specialist cost sharing</a>	20%
■ Hospital (facility) <a href="#">cost sharing</a>	20%
■ Other <a href="#">cost sharing</a>	20%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
[Diagnostic tests](#) (*ultrasounds and blood work*)  
[Specialist](#) visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
In this example, Peg would pay:	
<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$2,000
<a href="#">Copayments</a>	\$10
<a href="#">Coinsurance</a>	\$2,100
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Peg would pay is</b>	<b>\$4,110</b>

### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$2,000
■ <a href="#">Specialist cost sharing</a>	20%
■ Hospital (facility) <a href="#">cost sharing</a>	20%
■ Other <a href="#">cost sharing</a>	20%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)  
[Diagnostic tests](#) (*blood work*)  
[Prescription drugs](#)  
[Durable medical equipment](#) (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
In this example, Joe would pay:	
<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$2,000
<a href="#">Copayments</a>	\$400
<a href="#">Coinsurance</a>	\$100
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$2,500</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$2,000
■ <a href="#">Specialist cost sharing</a>	20%
■ Hospital (facility) <a href="#">cost sharing</a>	20%
■ Other <a href="#">cost sharing</a>	20%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)  
[Diagnostic test](#) (*x-ray*)  
[Durable medical equipment](#) (*crutches*)  
[Rehabilitation services](#) (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
In this example, Mia would pay:	
<i>Cost Sharing</i>	
<a href="#">Deductibles</a>	\$2,000
<a href="#">Copayments</a>	\$0
<a href="#">Coinsurance</a>	\$200
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$2,200</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.